				Township designation and the second s
To he com	CHILD	S APPLICATION FO	R ENROLLMENT	
CHILD INFORMATION:		Dat	lay and updated as changes occur a e of Birth:	nd at least annually
Last	First	Middle	Nickname	
Child's Physical Address:		Moong	MICKITATIVE	
FAMILY INFORMATION:		Child lives with:		
Address (if different from	abild(a)		Home Phone	
Work Phone	CTINO S)		Zip Code Zip Code	
Address (it different trans	abilities.		Home Phone	
(	orma si		Zip Code _	
			Cell Phone	
CONTACTS:				
Child will be released only	y to the parents/guardians I	isted above. The child can	also be released to the following	g individuals, as authorized by the
person who signs this applicate in the following individuals.	phoduon. In the event of all	emergency, if the parents	guardians cannot be reached, t	he facility has permission to contact
Name				
· · · · · · · · · · · · · · · · · · ·	Relationship	Address	Phor	e Number
Name	Relationship	Address	Pho	ne Number
Name	Relationship	Address	B Pho	ne Number
any onna with house	i vare necus such as alleryi	es, asthma, or other chror	ile conditions that require specia	lized health services, a medical act
medical action plan attac	ched? Yes No	cal action plan must be co	mpleted by the child's parent or	health care professional. Is there a
medical action plan attac	ched? Yes No	cal action plan must be co	ilc conditions that require special mpleted by the child's parent or creations.	health care professional. Is there a
medical action plan attac	o the application, The mediched? Yes_ No_ e symptoms and type of res	cal action plan must be co	mpleted by the child's parent or	health care professional. Is there a
medical action plan attac List any allergies and the List any health care need	o the application, The mediched? Yes_ No_ e symptoms and type of res	cal action plan must be co	reactions.	health care professional. Is there a
List any health care need	or the application. The mediched? Yes No e symptoms and type of resets or concerns, symptoms or unique behavior charact	cal action plan must be co	reactions.	health care professional. Is there a
List any particular fears  List any particular fears  List any types of medica	or unique behavior charact	eponse required for allerging and type of response for allerging the cristics the child has	mpleted by the child's parent or creactions.	health care professional. Is there a
List any particular fears  List any types of medica	or unique behavior charact	eponse required for allerging and type of response for allerging the cristics the child has	reactions or these health care needs or co	health care professional. Is there a
List any health care need List any particular fears List any types of medica Share any other informa	or unique behavior charact ation that has a direct bearing.	sponse required for allerging of and type of response for allerging eristics the child has needs ng on assuring safe media	reactions or these health care needs or co	health care professional. Is there a
List any health care need List any particular fears List any types of medical Share any other informations EMERGENCY MEDICA Name of health care pro	or unique behavior charact ation that has a direct bearing to the content of the	sponse required for allerging of and type of response for allerging eristics the child has	c reactions.  These health care needs or co  altreatment for your child  Office P	health care professional. Is there a
List any health care need List any particular fears List any types of medical Share any other informations EMERGENCY MEDICA Name of health care pro	or unique behavior charact ation that has a direct bearing to the content of the	sponse required for allerging of and type of response for allerging eristics the child has	reactions or these health care needs or co	hone
List any health care need List any particular fears List any types of medical Share any other information  EMERGENCY MEDICA Name of health care pro- Hospital preference  I, as the parent/guardian	e symptoms and type of resets or concerns, symptoms or unique behavior charact ation taken for health care in the taken for health c	sponse required for allerging of and type of response for allerging of and type of response for allerging eristics the child has	c reactions.  These health care needs or co  al treatment for your child  Office P  Phone	health care professional. Is there a
List any health care need  List any health care need  List any particular fears  List any types of medical Share any other information  EMERGENCY MEDICA Name of health care produced health care produced health care produced in the parent/Guardian Signature of parent/Guardian s	e symptoms and type of resets or concerns, symptoms or unique behavior charact ation taken for health care nation that has a direct bearing the concerns of the content of	sponse required for allerging of and type of response for allerging of and type of response for allerging eristics the child has	c reactions.  These health care needs or co  The attreatment for your child  Office P  Phone  They my child in an emergency.	health care professional. Is there a

Revised 10/2016

# The Grace School

# Parent Signature Page

The following documents are located in your enrollment packet, please sign to verify that you have received: \*Summary of NC Child Care Law and Rules \*Statement of Disciplinary Practices \*Tobacco Free Policy \_\_\_\_\_ \*Shaken Baby / Abusive Head Trauma Policy (infant - preschool only) \*SIDS policy (Infants only) Outdoor play guidelines: Occasionally it may be necessary to take your child outside of the fenced in area for planned classroom activities or emergency drills. I understand that the staff will follow all safety measures when taking my child outside of the fenced in area and I give my permission for \_\_\_\_\_\_ to be taken outside of the fenced in area. Parent signature: Photograph Permission: We take a lot of pictures throughout the day of our students engaged in activities. With your permission we would like to post these on our website or face book page w/o use of names. Children that are in Foster care will not be posted. Yes, I will allow my child's picture to be

No, I do not want my child's picture posted.

posted.

Late Pick up Policy: We close at 6:00. Please call if there has been an accident or traffic issue that will prevent you from arriving on time. If we have to call to inquire about pick up arrangements, we will charge \$1 per minute after 6:05.

Sick Policy: In order to maintain a healthy learning environment for all children, the following procedures are mandated by the health department and must be followed: Children can not attend if they have any of the following symptoms: Fever greater than 100.5, vomiting, diarrhea or a contagious rash. If any of these symptoms occur while in our care we will call and ask that you pick up your child within one hour. Your child can return when they are symptom free, without medication for 24 hours or if you bring a note from the child's physician indicating that symptoms are a result of a viral infection that is being treated.

Peanut Free Policy: Our facility is peanut free due to children with severe allergies. Please do not allow your child to bring food into the classroom during drop off. All items brought from home for parties must be store bought and peanut free.

Tuition Policy: If your payment can not be processed through Tuition Express, there will be a \$25 charge to your account. After two attempts, cash payment will be due on the day that you are notified. Full time tuition is due every week rather or not your child attends.

Holiday Closing: We are closed the following days: New Years Day, Good Friday, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Friday after Thanksgiving, Christmas Eve, Christmas Day. These are paid holidays for our full time teachers. Full tuition is due during these weeks.



We are excited to offer the safety, convenience and ease of Tuition Express —a payment processing system that allows secure, on-time tuition and fee payments to be made from either your bank account or credit card.

# ELECTRONIC FUNDS TRANSFER AUTHORIZATION FOR BANK ACCOUNT and CREDIT CARD

I (we) hereby authorize (business name the below-referenced credit card accour indicated below (Section B). To properly notice. Credit union members: please of	t (Section A) OR, in	on of this agreement I (we)	) checking or savings are required to give 10	days written
notice. Credit union members: please co Check with the center for accepted cred	it card types.	on to verify account and routi	ng numbers for autom	natic payments.
COMPLETE ONE SECTION ONLY				
SECTION A (Credit Card)				
Cardholder Name		Phone #		
Cardholder Address		City	State	Zip
Account Number		Expiration Date		
Cardholder Signature			Date	
SECTION B (Bank Account)				
Your Name		Phone #		
Address		City	State	Zip
Bank or Credit Union Name Bank or	Credit Union Address	City	State	Zip
Routing Transit Number (see sample below)	The state of the s	Account Number (see sample	below) Chec	king Savings
Authorized Signature			Date	
For Official Use Only  John Sam Mary Sam 123 Nove 1	₽.	manya di mili maj : Nama na mili maj :	00226	A service of
Date Received Anytown	USA	Voided Check Here		
Employee Signature		a statement and the	Dollars	17
				procare
Routing		Chack Number	Convelobt Pro	ram Somuam 1/10/7011

DCD 0108 1299

# Children's Medical Report

Name of Child			Birthdate	
Name of Parent or Guardian				
Address of Parent of Guardian				
Address of Faron of Galacter				
. Medical History (May be co	empleted by parent)			
. Is child allergic to anything?				
. Is child currently under a doc	tor's care? NoY	es If yes, fo	or what reason?	and the second s
. Is the child on any continuous	s medication? No	Yes If yes	s, what?	
. Any previous hospitalizations	s or operations? No	Yes_ If ye	es, when and for what?	
Any history of significant pre convulsions No Yes; If others, what/when?	heart trouble No	Yes, asum	10 10	the second contract the second contract to th
. Does the child have any phys	sical disabilities: No	Yes If y	es, please describe:	
	is examination must	L		physician his authoriz
B. Physical Examination: The agent currently approved by states), a certified nurse properties the states of the s	by the N. C. Board of ractitioner, or a public veight%	f Medical Exami c health nurse m	iners (or a comparable becomes DHHS standards	s for EPSDT program.
agent currently approved by states), a certified nurse property. Height% When the states are the states and the states are the states	by the N. C. Board of ractitioner, or a public veight%	f Medical Exami c health nurse m	iners (or a comparable becomes DHHS standards	s for EPSDT program.
agent currently approved by states), a certified nurse property with the states of the	by the N. C. Board of ractitioner, or a public veight%  EarsA	Medical Examic health nurse m	Teeth Ext Vision	for EPSDT program.  Throat  Hearing
agent currently approved by states), a certified nurse property. Height% When the states are the states and the states are the states	by the N. C. Board of ractitioner, or a public veight%  EarsA	Medical Examic health nurse m	Teeth Ext Vision	for EPSDT program.  Throat  Hearing
agent currently approved by states), a certified nurse property with the states of the	by the N. C. Board of ractitioner, or a public veight	Medical Examic health nurse m  Nose bd/GU Skin date  propriate  explain:	Teeth Ext Vision Normal Abnormal	Throat  Hearing  followup

ins center rarucipa ite Number: 598	tes in The Child (	and Addit	Jaie I Jou PI	T	he Grace Sch	ool CDC	
First Name Include Nicknames Last Name		Date of Birth	Normal Drop And Pick Up Times	mulcate on	ild's Normal of Care	Indicate Normal Meals Child Receives Daily <sup>1</sup>	
			Drop Off Pick	M TU W 1	TH F S SU	B AM LU PM SU E\	
			Drop Off Pick		H F S SU	B AM LU PM SU EV	
			Drop Off Pick	M TU W T	H F S SU	B AM LU PM SU E	
			Drop Off Pick		H F S SU	B AM LU PM SU E	
<sup>1</sup> B=Breakfast	AM= Morning Sna	ck LU=L	unch PM=	Afternoon Snack	SU=Supper	EVE=Evening Snack	
Check One Ethni	icity Below:	1		Or More Race(s)	A CONTRACTOR OF THE PARTY OF TH		
Hispanic 🗖			Management		Transmitted (S	al America/Alaskan Nativ	
Non-Hispanic 🖵			The second secon		Asian	☐ White	
		- 1		waiian/Other Paci			
	*Enter Confide			ation In Boxes	A. B, C, and	d/or D	
			Вох				
	Name any cl	nildren or	THE RESIDENCE AND ADDRESS OF THE PERSON NAMED IN	vho are enrolled	I in <u>Head Sta</u>	<u>ırt</u> :	
1	2		3		4.		
1	2	ave one:	Box	<u>C</u>	4.		
nter a case numb NAP (Food Stamps		ave one.	тл	NF #		FDPIR#	
<u>IF</u> you en guidelines o	n the back in B	ox D, ento er than ti	er names an he children	re-tax householed income amou on this form. In	ints below fo clude Yours	or all people in your self!:	
Names of household members	Monthly wages			onthly child support r public assistance	Monthly retires pensions cho \$		
\$		\$	\$		\$	\$	
\$		\$	\$		\$ \$	\$	
NI VIE SU	Pay D enter lost 4	digits of vo	ur Social Secu	urity # YXX-XX-		eck if you don't have a SS #	
NET IF you fill out t			ERYONE S				
_					Drint Names		
Date: Parent/Guardian Signature: Street Address:			0:4	rint Name:			
Street Address:		Altorno	to Phone:	у	zip	•	
certify that all of this informat	tion is true and correct and t	that all income is	reported. I understar	nd that this information is b ormation may subject me to	eing given for the rece prosecution under ap	ript of Federal funds; that Program off plicable State and Federal criminal lav	
infice use only: Tot pproved:   Free  Paid-Reason:   Income	al household size: ☐ Reduced	Tota	I monthly hou	sehold income \$_	State l	Jse Only: d By: d Classification : □ Free □ Reduced □ Paid	
Signature of Eligibility					Reaso	n For Change	

# Building For The Future

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.

Each day more than 2.6 million children participate in CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

### Meals

CACFP homes and centers follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (two of the four groups)		
Milk     Fruit or Vegetable     Grains or Bread	Milk     Meat or Meat Alternate     Grains or Bread     Two different servings of Fruits or Vegetables	Milk     Meat or Meat Alternate     Grains or Bread     Fruit or Vegetable		

## **Participating Facilities**

Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

Child Care Centers: Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.

Family Day Care Homes: Licensed or approved private homes.

Afterschool Care Programs: Centers in low-income areas provide free snacks to school-age

children and youth.

Homeless Shelters: Emergency shelters provide food services to homeless children.

## Eligibility

State agencies reimburse facilities that offer non-residential day care to the following children:

- · children age 12 and under,
- · migrant children age 15 and younger, and
- youths through age 18 (19 if birthday in school year) in afterschool care programs in needy areas.

# **Contact Information**

If you have questions about CACFP, please contact one of the following:

### Sponsoring Organization Child Nutrition Program, Inc.

Cinia Natificon	riogram, mc.
Charlotte Office	Fayetteville Office
741 Kenilworth Ave.	2130-B Hope Mills
Suite 102	Road Fayetteville,
Charlotte NC 28204	NC 28304
704-375-3938	910-867-5511
800-352-1547	800-206-6864

### **CACFP Unit Manager**

Dept. of Health and Human Services Division of Public Health Nutrition Services Branch 1914 Mail Service Center Raleigh, NC 27699 919-707-5799

USDAA USDA is an equal opportunity provider and employer

The Grace School Inc. Name of Facility:

# Discipline and Behavior Management Policy

Date Adopted

Praise and positive reinforcement are effective methods of behavior management of children. When children receive positive, non-violent, and understanding interactions from adults and others, they develop good self-concepts, problem solving abilities, and self-discipline. Based on this belief of how children learn and develop values, this facility will practice the following discipline and behavior management policy:

### We:

- 1. DO praise, reward, and encourage the children.
- 2. DO leason with and set limits for the children.
- DO model appropriate behavior for the children.
- DO modify the classroom environment to attempt to prevent problems before they occur.
- 5. DO listen to the children.
- DO provide alternatives for inappropriate behavior to the children.
- 7. DO provide the children with natural and logical consequences of their behaviors.
- 8. DO treat the children as people and respect their needs desires, and feelings.
- DO ignore minor misbchaviors.
- 10.DO explain things to children on their levels.
- 11. DO stay consistent in our behavior
- management program.

  12. DO use effective guidance and behavior management techniques that focus on a child's development.
- 13. DO use short supervised periods of time-out sparingly

## We:

- 1. DO NOT spank, shake, bite, pinch, push, pull, slap, or otherwise physically punish the children.
- 2. DO NOT make fun of, yell at, threaten, make sarcastic remarks about, use profanity, or otherwise verbally abuse the children.
- 3. DO NOT shame or punish the children when bathroom accidents occur.
- 4. DO NOT deny food or rest as punishment.
- 5. DO NOT relate discipline to eating, resting, or sleeping.
- 6. DO NOT leave the children alone, unattended, or without supervision.
- 7. DO NOT place the children in locked rooms, closets, or boxes as punishment.
- 8. DO NOT allow discipline of children by children.
- 9. DO NOT criticize, make fun of, or otherwise belittle children's parents, families, or ethnic groups.

The program's goals for beining children develop self-control and learn acceptable forms of social behavior are: Track children about their emotions and those of their peers. Mack With each chil evelop behavior boals that appropriate.

Distribution: one copy to parent(s) signed copy in child's facility record

8.09

The following requirements apply to both centers and homes.

# Transportation

Child care centers or family child care homes providing transportation for children must meet all motor vehicle laws, including inspection, insurance, license, and restraint requirements. Children may never be left alone in a vehicle and child-staff ratio must be maintained.

# Program Records

Centers and homes must keep accurate records such as children's attendance, immunizations, and emergency phone numbers. A record of monthly fire drills and quarterly shefter-in-place or lockdown drills practiced must also be maintained. A safe sleep policy must be developed and shared with parents if children younger than 12 months are in care.

# Discipline and Behavior Management

Each program must have a written policy on discipline, must discuss it with parents, and must give parents a copy when the child is enrolled. Changes in the discipline policy must be shared with parents in writing before going into effect. Corporal punishment (spanking, slapping, or other physical discipline) is prohibited in all centers and family child care homes. Religious-sponsored programs which notify the Division of Child Development and Early Education that corporal punishment is part of their religious training are exempt from that part of the law.

# Parental Rights

- Parents have the right to enter a family child care home or center at any time while their child is present.

  Parents have the right to see the license displayed
- Parents have the right to see the license displayed in a prominent place.
- Parents have the right to know how their child will be disciplined.

The laws and rules are developed to establish minimum requirements. Most parents would like more than minimum care. Local Child Care Resource and Referral agencies can provide help in choosing quality care. Check the telephone directory or talk with a child care provider to see if there is a Child Care Resource and Referral agency in your community. For more information visit the Resources in Child Care website at: <a href="https://www.ncchildcare.nc.gov">www.ncchildcare.nc.gov</a>. For more information on the law and rules, contact the Division of Child Development and Early Education at 919-527-6335 or 1-800-859-0829 (In State Only), or visit our homepage at: ncchildcare.nc.gov

# Reviewing Files

A public file is maintained in the Division's main office in Raleigh for every licensed center or family child care home. These files can be

- viewed during business hours (8 a.m. -5 p.m.)
- requested via the Division's web site at www.ncchildcare.nc.gov; or
- requested by contacting the Division by telephone at 919-527-6335 or 1-800-859-

# How to Report a Problem

North Carolina law requires staff from the Division of Child Development and Early Education to investigate a licensed family child care home or child care center when there has been a complaint. Child care providers who violate the law or rules may be issued an administrative action, fined and may have their licenses suspended or revoked. If you believe that a child care provider fails to meet the requirements described in this pamphlet, or if you have questions, please call the Division of Child Development and Early Education at 919-527-6335 or 1-800-859-0829.

# Child Abuse, Neglect, or Maltreatment

to injure a child physically or emotionally. It may also person who suspects child abuse or neglect in a substantiation of any maltreatment complaint or the children currently enrolled in writing of the Early Education at 919-527-6335 or 1-800-859child is abandoned. North Carolina law requires any receive proper care, supervision, discipline, or when a of serious injury. It also occurs when a child does not of serious injury or allows another to put a child at risk occur when a parent or caregiver puts a child at risk when a parent or caregiver injures or allows another child abuse, neglect or maltreatment. This occurs Every citizen has a responsibility to report suspected family to report the case to the county department care facility. North Carolina law requires any issuance of any administrative action against the child child care facility to report the situation to the person who suspects child maltreatment at a cannot be held liable for a report made in good faith Intake Unit at Division of Child Development and The operator of the program must notify parents of Reports can be made anonymously. A person



Summary of the North Carolina Child Care Law and Rules

Division of Child Development and Early Education

North Carolina Department of Health and Human Services 820 South Boylan Avenue Raleigh, NC 27699

# Revised February 2018

The North Carolina Department of Health and Human Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or provision of services.

# What Is Child Care?

The law defines child care as:

- three or more children under 13 years of age
- on a regular basis at least once a week receiving care from a non-relative
- for more than four hours per day but less than

the well-being of children while they are away from their Carolina General Statutes, Article 7, Chapter 110. parents. The law defining child care is in the North Early Education. The purpose of regulation is to protect done through the Division of Child Development and Services is responsible for regulating child care. This is The North Carolina Department of Health and Human

Some counties and cities in North Carolina also have local zoning requirements for child care programs. responsible for adopting rules to carry out the law. The North Carolina Child Care Commission is

# Star Rated Licenses

standards met by the program. the education levels their staff meet and the program licensing requirements will receive a one star license. The number of stars a program earns is based upon standards can apply for a two through five star license. Programs that choose to voluntarily meet higher Centers and homes that are meeting the minimum

# amily Child Care Homes

preschool children, and can include three additional family child care home providers who meet the following children are not counted. Family child care homes will school-age children. The provider's own school-age A family child care home is licensed to care for five or from child care consultants. Licenses are issued to following the law and to receive technical assistance be visited at least annually to make sure they are fewer preschool age children, including their own

- a high school education or its equivalent, and Home providers must be 21 years old with at least mentally and emotionally capable of caring for
- He or she must undergo a criminal background
- undergo a criminal background check initially, and All household members over age 15 must also check initially, and every three years thereafter every three years thereafter.
- an ITS-SIDS training initially (if caring for infants 0 current certification in CPR and first aid, complete Emergency Preparedness and Response All family child care home providers must have 12 months) and every three years, the

and safety training and ongoing training hours annually (EPR) in Child Care training and create the EPR plan They also must complete a minimum number of health

in care. All children must participate in outdoor play at as well as, nutritious meals and snacks for the children provide developmentally appropriate toys and activities children's immunization and health status. They must safety standards. Providers must maintain verification of All family child care homes must meet basic health and least one hour per daily, if weather conditions permit

# Child Care Centers

voluntarily meet higher standards and receive a license exempt from licensing. Child care centers may exempt from some of the regulations described below if with a higher rating. Centers will be visited at least they choose to meet the standards of the Notice of than a residence. Religious-sponsored programs are three or more children are in care in a building other preschool children are cared for in a residence or when Licensing as a center is required when six or more receive technical assistance from child care consultants consecutive months, such as summer camps, are Recreational programs that operate for less than four Compliance rather than the Star Rated License. annually to make sure they are following the law and to

following areas. Licensed centers must meet requirements in the

every three years thereafter also undergo a criminal background check initially, and Care training and create the EPR plan. All staff must Emergency Preparedness and Response (EPR) in Child when children are in care. One staff must complete the completed the training must be present at all times First Aid training, and at least one person who staff who work directly with children must have CPR and works with infants 12 months of age or younger. All hours, including ITS-SIDS training for any caregiver that staff must complete a minimum number of training direct supervision of staff 21 years of age or older. All credential coursework within six months of being hired Staff younger than 18 years of age must work under the teachers do not meet this requirement, they must begin teachers in a child care center must be at least 18 and have at least a North Carolina Early Childhood Administration Credential or its equivalent. Lead 21, and have at least a North Carolina Early Childhood Credential or its equivalent. If administrators and lead The administrator of a child care center must be at least

Ratios are the number of staff required to supervise a number of children in one group. Ratios and group sizes certain number of children. Group size is the maximum for licensure are shown below and must be posted in

4 years ord	1.20	3 years old 1:15	2 years old 1:10	12-24mths 1:6	0-12 mths 1:5	Age Teacher: Child Ratio	
X	25	25	28	12	10	Max Group Size	

and group size must be met for the youngest child in the group When the group has children of different ages, staff-child ratios children, depending on the ages of the other children in care twelve children may keep up to three additional school-age Centers located in a residence that are licensed for six to

# Space and Equipment

must be clean, safe, well maintained, and Outdoor play space must be fenced. Indoor equipment and free of hazards that could injure children. equipment and furnishings must be child size, sturdy developmentally appropriate. Indoor and outdoor licensed capacity outdoors, if licensed over 29 children indoors and 75 square feet per child for 1/2 the total Centers must have at least 25 square feet per child

get a quality point for the star-rated license. Activity own and have choices. encourage children to explore, use materials on their and outdoor activities. Rooms must be arranged to plans and schedule must be available to parents and programs may choose to use an approved curriculum to curriculum in their four-year-old classrooms. Other must show a balance of active and quiet, and indoor Four and five star programs must use an approved

# Health and Safety

children by sanitizing areas and equipment used by provided for rest for children under two. They must have space and time for preschool children and at least thirty minutes a day each day (weather permitting) for at least an hour a day are met. All children must be allowed to play outdoors inspectors visit licensed centers to make sure standards once every four hours. Local heafth, building, and fire Children in Child Care. Food must be offered at least must be nutritious and meet the Meal Patterns for children. For Centers and FCCHs, meals and snacks licensed center must ensure the health and safety of Children must be immunized on schedule. Each Effective Date: 10 | 1 | 18

# 100% Tobacco-Free Policy for North Carolina Child Care Centers Sample Policy

Purpose/Belief Statement

We, (name of facility), understand that the use of tobacco products on child care premises and in vehicles used to transport children or during any off-premise activities is an environmental hazard and detrimental to the health and safety of children, staff, and visitors.

Background

Exposure of children to environmental tobacco smoke is associated with increased rates of lower respiratory illness and increased rates of middle ear effusion, asthma, and sudden infant death syndrome. Exposure during childhood may also be associated with development of cancer during adulthood.

N.C. Child Care Rule 10 A NCAC 09.0604 (h)(i)(j) Safety Requirements for Child Care Centers states that:

- Children shall be in a smoke-free and tobacco-free environment. Smoking and the use of any product containing, made or derived from tobacco, including but not limited to e-cigarettes, cigars, little cigars, smokeless tobacco, and hookah is not permitted on the premises of the child care facility, on vehicles used to transport children or during off-premise activities. All smoking materials shall be kept in locked storage.
- Signage regarding the smoking and tobacco restriction shall be posted at each entrance to the facility and in vehicles used to transport children.
- The operator shall notify the parent of each child enrolled in the facility, in writing, of the smoking and tobacco restriction.

Application

This policy applies to all children, families, visitors, volunteers, and staff.

# Procedures/ Practice:

Smoking and the use of tobacco products are prohibited at all times:

- On the premises of the child care facility
- On vehicles used to transport children
- During any off-premise activities sponsored by our facility

Signs are posted at each entrance to the facility and on vehicles used to transport children. The signs are posted in a manner and location that adequately notify families, visitors, volunteers, and staff of the tobacco-free child care facility policy.

Communication

Our facility will review this policy with parents/guardians, volunteers, and staff in writing and verbally at child care-sponsored or related events. Copies of the policy are in staff and parent handbooks. We may provide materials and information provided by the local health department.

### Staff

- All current staff members and newly hired staff will review the Tobacco-Free Policy before providing care for children
- Staff will sign an acknowledgement form that includes the individual's name, the date the facility's
  policy was given and explained to the individual, the individual's signature, and the date the
  individual signed the acknowledgment.
- The child care facility shall keep the signed Tobacco-Free Policy staff acknowledgment form in the staff member's file.

## Parents/Guardians

- A copy of the policy will be given and explained to the parents/guardians of newly enrolled children on or before the first day the child receives care at the facility
- Parents/guardians will sign an acknowledgment form that includes the child's name, date the child
  first attended the facility, date the operator's policy was given and explained to the parent, parent's

name parent's signature, and the date the parent signed the acknowledgement

• The child care facility shall keep the signed Tobacco-Free Policy parent acknowledgement form in

\*For purposes of this policy, "staff" includes the operator and other administration staff who may be counted in ratio, additional caregivers, substitute providers and uncompensated providers.

## Enforcement

- Parents and visitors using tobacco products will be asked to refrain while on the child care premises
  or to leave the premises.
- Consequences for employees who violate the tobacco use policy will be in accordance with personnel policies.

### Definitions

- Premises—the entire child care building and grounds including but not limited to natural areas, outbuildings, dwellings, vehicles, parking lots, driveways, and other structures located on the property.
- E-Cigarette—Any electronic oral device that employs a mechanical heating element, battery, or electronic circuit regardless of shape or size and that can be used to heat a liquid nicotine solution or any other substance, and the use or inhalation of which simulates smoking. The term shall include any such device, whether manufactured, distributed, marketed, or sold as on e-cigarette, e-cigar, e-pipe, or any under any other product name or descriptor.
- Off-premise activity—any event sponsored by our facility that is not on the child care facility
  premises, including but not limited to field trips and educational or entertainment activities
- Smoking—the use or possession of lighted or heated cigarette, e-cigarettes, cigars; little cigars, hookah, snuff, snus, and chewing tobacco. A tobacco product excludes any product that has been approved by the United States Food and Drug Administration for sale as a tobacco cessation product, as a tobacco dependence product, or for other medical purposes, and is being marketed and sold solely for such an approved purpose.

Tobacco Cessation Resources

Our facility will consult with the local health department or other appropriate health and community — based organizations to provide staff and administrators with information and access to treatment programs and services to support them in complying with this policy. The NC Quitline 1-800-QUIT-NOW (1-800-784-8669) offers free coaching sessions, helps develop a plan to quit, provides reading materials, and offers counseling. See <a href="https://www.quitlinenc.com">www.quitlinenc.com</a>.

### References

- NC DHHS Tobacco Prevention and Control Branch, http://tobaccopreventionandcontrol.ncdhhs.gov/smokefreene/
- Caring for Our Children 3<sup>rd</sup> Edition, Standard 3.4.1.1: Use of Tobacco, electronic Cigarettes, Alcohol, and Drugs <a href="http://cfoc.nrckids.org/StandardView/3.4.1.1">http://cfoc.nrckids.org/StandardView/3.4.1.1</a>
- Caring for Our Children 3<sup>rd</sup> Edition, Standard 9.2.3.15: Policies Prohibiting Smoking, Tobacco, Alcohol, Illegal Drugs, and Toxic Substances <a href="http://cfoc.urckids.org/StandardView/9.2.3.15">http://cfoc.urckids.org/StandardView/9.2.3.15</a>

# Effective and Review Dates: This policy was reviewed and approved by: Director/Owner: Print Name: Signature: DCDEE Child Care Consultant (recommended): Print Name: Signature: Date: Child Care Health Consultant (recommended): Print Name: Signature: Date: Date: